

## Average linking numbers

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*To the memory of Ricardo Mañé*

**Abstract.** We prove the existence of the average linking number, also called the Hopf invariant, for any invariant measure under a differentiable flow on  $S^3$  without singularities, which has no periodic orbit of positive measure.

### 1. Introduction

Let  $\gamma_1, \gamma_2$  be two disjoint oriented knots in the three-dimensional sphere  $S^3$ . The linking number  $\ell(\gamma_1, \gamma_2)$  is defined as the algebraic intersection number of  $\gamma_1$  with an orientable surface  $N$  transversal to  $\gamma_1$ , with oriented boundary  $\gamma_2$ . For a better understanding of our results we need the two following interpretations of the linking number (see [5]):

- (1) for any regular planar projection it is the algebraic crossing number of  $\gamma_1$  over  $\gamma_2$ ;
- (2) it is also the degree of the map

$$G : T^2 \rightarrow S^2$$

$$(t_1, t_2) \mapsto \frac{\gamma_1(t_1) - \gamma_2(t_2)}{|\gamma_1(t_1) - \gamma_2(t_2)|},$$

where  $T^2$  is the two-dimensional torus and  $S^2$  is the two-dimensional sphere.

Hence

$$\begin{aligned} \ell(\gamma_1, \gamma_2) &= \frac{1}{\text{vol}(S^2)} \int_{S^1 \times S^1} \det(DG) \, ds \, dt \\ &= \frac{1}{4\pi} \int_0^{t_1} \int_0^{t_2} \frac{(\gamma_1' \times \gamma_2')(\gamma_1 - \gamma_2)}{|\gamma_1 - \gamma_2|^3}, \end{aligned}$$

where  $\gamma_i : [0, t_i] \rightarrow S^3 = \mathbb{R}^3 \cup \{\infty\}$  is a parametrization of  $\gamma_i$ ;  $i = 1, 2$ . This formula is known as the Gauss formula.

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Given a flow  $\varphi_t$  on  $S^3$  generated by a vector field  $F$ , and two closed orbits  $\gamma_1, \gamma_2$ , we define the average linking number of  $\gamma_1$  and  $\gamma_2$  as  $(1/T_1 T_2) \ell(\gamma_1, \gamma_2)$ , where  $T_i$  is the period of  $\gamma_i$ . In order to define the average linking number for general orbits we need a convenient set of short curves.

Define a good set of short curves as a system of piecewise differentiable paths joining points  $x, y \in S^3$ , depending in a measurable way on  $x$  and  $y$  such that the Gauss integrals of every pair of non-intersecting pairs of the system, and the Gauss integrals of every pair of non-intersecting {paths of the system, segments of orbits  $\varphi_t(p)$ ,  $0 \leq t \leq 1$ }, are bounded independently of the paths by a constant  $k$  (see [1]). In §3 we will prove the existence of such a set.

For any  $x \in S^3$  and  $T \in \mathbb{R}$  let  $\hat{x}_T$  denote the knot formed by the orbit from  $x$  to  $\varphi_T(x)$  and a path  $\alpha_{\varphi_T(x), x}$ , in a chosen system of short curves, joining  $\varphi_T(x)$  to  $x$ . For any two points in different orbits  $p, q$  and times  $T_1, T_2$  define, when possible, their average linking number as

$$\ell(x, y) := \lim_{T_1, T_2 \rightarrow \infty} \frac{1}{T_1 T_2} \ell(\hat{x}_{T_1}, \hat{y}_{T_2}).$$

The main purpose of this paper is to decide when this limit exists and does not depend on the set of short curves. Our main theorem is as follows.

**THEOREM 1.1.** *Let  $\mu, \nu$  be two invariant measures on  $S^3$ . Then the function  $J : S^3 \times S^3 \rightarrow \mathbb{R}$  defined by*

$$J(p, q) = \frac{F(p) \times F(q) \cdot (p - q)}{|p - q|^3}$$

*is in  $L^1(\mu \times \nu)$ .*

From Birkhoff's ergodic theorem we obtain the following.

**THEOREM 1.2.**

(a) *For  $(\mu \times \nu)$ -almost every pair of points the limit*

$$\hat{\ell}(x, y) = \lim_{T_1, T_2 \rightarrow \infty} \frac{1}{T_1 T_2} \int_0^{T_1} \int_0^{T_2} \frac{(\gamma'_1 \times \gamma'_2, \gamma_1 - \gamma_2)}{|\gamma_1 - \gamma_2|^3}$$

*exists.*

(b) *If there is no periodic orbit with positive  $\mu$  and  $\nu$  measures this limit is for  $(\mu \times \nu)$ -almost every pair the same as  $\ell(x, y)$ , in particular the asymptotic linking number does not depend on the choice of the set of short curves. If the measures  $\mu$  and  $\nu$  are ergodic, the asymptotic linking  $\ell(x, y)$  is given by the integral  $\iint J(p, q) d\mu(p) d\nu(q)$ .*

The same assertion of this theorem was proven by Arnold in [1] for smooth measures and in [2] for Gibbs measures. The proof in [1] relies on the fact that the singularity of the formula has order two which is less than the codimension of the diagonal, the singular set of  $J$ . The proof in [2] relies on the observation that the singularity of the Gauss formula has actually order one and that the Hausdorff dimension of a Gibbs measure is greater than one.

The idea of our proof is that the singularity of the Gauss formula disappears when we integrate along the orbits in a small flow box. This is because the integral of the Gauss formula is the integral of the Jacobian of  $G$ , therefore in small time intervals the area of the image of  $G$  should be contained in one half of the sphere. However, since we actually want to bound the integral of the absolute value of the Jacobian of  $G$ , it was easier to carry on an analytical proof, rather than to worry about regions of injectivity of  $G$  and the sign of its Jacobian.

As an application, in [6] Verjovsky and Vila, following the same philosophy, extended other topological invariants, such as Witten's invariant for links, to an average value for an invariant smooth measure of a flow. In their paper, the only obstruction to defining the average Witten's invariant for singular invariant measures is the existence of the average linking number for such a measure, which is proven here in Theorem 1.1. We also quote the work of Freedman and He [4], where they relate the asymptotic crossing number (the integral of  $|J(x, y)|$ ) with the energy of a vector field with a smooth invariant measure.

Finally let us mention that Gambaudo and Ghys [3] have proved that the average linking number is a topological invariant for suspensions of diffeomorphisms of the two discs.

## 2. Proof of the theorems

LEMMA 2.1. *For any compact subset  $K \subset \mathbb{R}^3$ , there exist  $\varepsilon > 0$  and  $A > 0$ , such that if  $p \in K$ ,  $|x - p| < \varepsilon$ ,  $|y - p| < \varepsilon$ , then*

$$J(x, y) = \frac{H^T \mathbf{B} H}{|H|^3} + \phi(x, y),$$

where  $|\phi(x, y)| < A$  is bounded,  $H = y - x$  and  $\mathbf{B}$  is the matrix defined by  $\mathbf{B} \cdot H = F(p) \times (DF(p) \cdot H)$  for all  $H \in \mathbb{R}^3$ .

*Proof.* We have

$$J(x, y) = -\frac{F(x) \times F(y)}{|H|} \cdot \frac{H}{|H|^2},$$

where  $y = x + H$ . Since  $F(y) = F(x) + DF(x) \cdot H + \psi(x, H)$ , with  $|\psi(x, H)| \leq a|H|^2$  uniformly on all  $p \in K$ ,  $|x - p| < \varepsilon$ , then

$$\begin{aligned} J(x, y)|H|^3 &= H \cdot [F(x) \times (F(x) + DF(x) \cdot H + \psi(x, H))] \\ &= H \cdot F \times DF(x) \cdot H + H \cdot F(x) \times \psi(x, H). \end{aligned}$$

But if  $A := a \sup_{d(x, K) \leq \varepsilon} |F(x)|$ , then

$$\frac{H \cdot F(x) \times \psi(x, H)}{|H|^3} \leq a|F(x)| \leq A. \quad \square$$

Given  $p \in \mathbb{R}^3$  and  $\varepsilon > 0$ , let  $\mathbf{E}(p)$  and  $\mathbf{N}(p)$  be defined by

$$\mathbf{E}(p) = \mathbf{E}(p, \varepsilon) = \{q \in \mathbb{R}^3 \mid (q - p) \cdot F(p) = 0, |q - p| < \varepsilon\},$$

$$\mathbf{N}(p) = \mathbf{N}(p, \varepsilon) = \bigcup_{t \in [-\varepsilon, \varepsilon]} \varphi_t(\mathbf{E}(p)).$$

For  $s, t \in \mathbb{R}$  and  $q \in \mathbf{E}(p)$ , write  $p_s = \varphi_s(p)$ ,  $q_t = \varphi_t(q)$ . Given  $q \in \mathbf{E}(p)$ , let  $\tau : [-\varepsilon, \varepsilon] \rightarrow \mathbb{R}$  be such that  $q_{\tau(s)} \in \mathbf{E}(p_s, 1)$ , i.e.  $(q_{\tau(s)} - p_s) \cdot F(p_s) = 0$ .

LEMMA 2.2. *For any compact subset  $K \subset \mathbb{R}^3$ , there exist  $\varepsilon > 0$  and  $M > 0$ , such that if  $p \in K$ ,  $q \in \mathbf{E}(p, \varepsilon)$  and  $|s|, |t| < \varepsilon$ , then*

$$J(p_s, q_t) = \frac{Q_s \mathbf{B}_s Q_s + (t - \tau(s)) Q_s (F_s \times \mathbf{A}_s F_s)}{|H_{st}|^3} + \psi(p, q, s, t)$$

where  $|\psi(p, q, s, t)| \leq M$ ,  $F_s = F(p_s)$ ,  $\mathbf{A}_s = DF(p_s)$ ,  $H_{st} = q_t - p_s$ ,  $Q_s = q_{\tau(s)} - p_s$  and  $\mathbf{B}_s$  is the matrix defined by  $\mathbf{B}_s H = F_s \times (\mathbf{A}_s H)$  for all  $H \in \mathbb{R}^3$ .

*Proof.* We have  $q_{\tau(s)} = p_s + Q_s$ , and

$$\begin{aligned} F(q_{\tau(s)}) &= F(p_s) + DF(p_s)Q_s \\ &\quad + G_1(p, q, s)|Q_s|^2, \quad |G_1(p, q, s)| < a_1 \quad \text{for some } a_1 > 0, \\ q_t - p_s &= Q_s + (q_t - q_{\tau(s)}) \\ &= Q_s + (t - \tau(s))F(q_{\tau(s)}) + G_2|t - \tau(s)|^2, \quad |G_2| < a_2, \\ H_{st} &= Q_s + (t - \tau(s))F(p_s) + G_3(|t - \tau(s)|^2 + |t - \tau(s)||Q_s|), \quad |G_3| < a_3. \end{aligned}$$

Observe that, since  $Q_s \perp F(p_s)$ , writing  $\Delta t := t - \tau(s)$ ,

$$\begin{aligned} |H_{st}|^2 &\geq |Q_s|^2 + |\Delta t|^2 |F_s|^2 - a_3^2(|\Delta t|^2 + |\Delta t||Q_s|)^2 \\ &\geq |Q_s|^2 + \frac{1}{2}|\Delta t|^2 |F_s|^2. \end{aligned}$$

So

$$|H_{st}|^2 \geq \frac{1}{2}(|Q_s|^2 + |\Delta t|^2 |F_s|^2), \quad (1)$$

if  $\varepsilon > 0$  is small enough. Therefore  $|Q_s| \leq |H_{st}|$  and  $|\Delta t| \leq \alpha |H_{st}|$  for some  $\alpha = \alpha(K, \varepsilon) > 0$ . Now

$$\begin{aligned} H_{st} \mathbf{B}_s H_{st} &= (Q_s + \Delta t F_s + a_3(|\Delta t|^2 + |\Delta t||Q_s|)) \cdot (F_s \times \mathbf{A}_s H_{st}) \\ &= Q_s F_s \times \mathbf{A}_s H_{st} + a_3 \mathcal{O}(|H_{st}|^2) \mathcal{O}(|H_{st}|) \\ &= Q_s F_s \times \mathbf{A}_s (Q_s + (\Delta t) F_s + \mathcal{O}(|H_{st}|^2)) + \mathcal{O}(|H_{st}|^3) \\ &= Q_s \mathbf{B}_s Q_s + Q_s (F_s \times \mathbf{A}_s F_s) \Delta t + \mathcal{O}(|H_{st}|^3). \end{aligned}$$

By Lemma 2.1, we have

$$J(p_s, q_t) = \frac{H_{st} \mathbf{B}_s H_{st}}{|H_{st}|^3} + \phi(p_s, q_t),$$

with  $|\phi(p_s, s, t)| < A$ . This completes the proof of the lemma.  $\square$

LEMMA 2.3. *For any compact subset  $K \subset \mathbb{R}^3$ , there exist  $\epsilon > 0$  and  $a, b > 0$ , such that if  $q \in E(p, \epsilon)$  and  $|s|, |t| < \epsilon$ , then*

$$a|Q_0| \leq |Q_s| \leq b|Q_0|$$

where  $Q_s$  is defined as in Lemma 2.2.

*Proof.* Define  $\tau : \cup_{p \in K} (\{p\} \times \mathbf{E}(p, \epsilon) \times [-\epsilon, \epsilon]) \rightarrow \mathbb{R}$  by  $\tau(p, q, s)$  such that  $q_{\tau(p, q, s)} \in \mathbf{E}(p_s, 1)$ . We first show that  $\tau$  is differentiable on  $q$ . By the definition of  $\tau$ , we have

$$G(p, q, \tau(p, q, s)) := F(p_s) \cdot (\varphi(q, \tau(p, q, s)) - p_s) = 0.$$

Since

$$\frac{\partial G}{\partial \tau} = F(p_s) \cdot \frac{\partial G}{\partial \tau} \Big|_{(q, \tau)} = F(p_s) \cdot F(q_\tau) > 0,$$

then by the implicit function theorem we have that  $\tau$  is differentiable with respect to  $q$  and

$$\frac{\partial \tau}{\partial q} = \frac{-F(p_s) \cdot \frac{\partial \varphi}{\partial q} \Big|_{(q, \tau)}}{F(p_s) \cdot F(q_\tau)}.$$

Moreover, there exists  $C = C(K, \epsilon) > 0$  such that  $|\partial \tau / \partial q| < C$ . We have

$$Q_s = q_{\tau(s)} - p_s = (q_{\tau(s)} - p_s) + (q_s - p_s).$$

Since  $q_{\tau(s)} - q_s = (\tau(s) - s) F(q_\sigma)$  for some  $\sigma$  between  $s$  and  $\tau(s)$ , we have

$$|q_{\tau(s)} - q_s| \leq C |q - p| \max_q |F(q)| \leq B |Q_0|,$$

for  $B := C \max_q |F(q)|$ . By Gronwall's inequality

$$|q_s - p_s| \leq D |q - p| = D |Q_0|,$$

for some uniform  $D = D(K, \epsilon)$ . Therefore if  $b = C + D$ , we have

$$|Q_s| \leq (C + D) |Q_0| = b |Q_0|.$$

The other inequality is obtained from this one by changing the roles of  $p$  and  $p_s$  and reversing the time (observe that  $\varphi(q_s, \tau(p_s, q_s, -s)) = q$ ). Therefore

$$Q_0 \leq b Q_s.$$

Now take  $a = 1/b$ . □

LEMMA 2.4. *For any compact subset  $K \subset \mathbb{R}^3$  there exist  $\epsilon > 0$  and  $M > 0$ , such that if  $p \in K$  and  $q \in \mathbf{E}(p, \epsilon)$ , then*

$$\int_{-\epsilon}^{\epsilon} \int_{-\epsilon}^{\epsilon} J(p_s, q_t) ds dt < M \epsilon.$$

*Proof.* We first prove the case when  $p \neq q$ . By Lemma 2.2, we have

$$J(p_s, q_t) = \frac{Q_s \mathbf{B}_s Q_s}{|H_{st}|^3} + \frac{\Delta t Q_s (F_s \times \mathbf{A}_s F_s)}{|H_{st}|^3} + \psi(p, q, s, t),$$

with  $\psi(p, q, s, t) \leq M_1$ . We bound the integral of each term.

From Lemma 2.3 and equation (1), we have

$$\begin{aligned} a |Q_0| &\leq |Q_s| \leq b |Q_0|, \\ |H_{st}|^2 &\geq \frac{1}{2} (|Q_s|^2 + |\Delta t|^2 |F_s|^2) \geq \frac{1}{2} (|Q_s|^2 + |\Delta t|^2 D), \end{aligned}$$

where  $D = \min_{|q-p|<\varepsilon} |F(q)| > 0$ . Writing  $\alpha = \frac{1}{4}a$  and  $\beta = \frac{1}{2}\sqrt{D}$ , we have

$$\begin{aligned} |H_{st}|^2 &\geq \frac{1}{2}(a^2|Q_0|^2 + |\Delta t|^2 D), \\ |H_{st}| &\geq (\alpha^2|Q_0|^2 + \beta^2|\Delta t|^2)^{1/2}. \end{aligned}$$

Since  $\mathbf{B}_s H = F(p_s) \times (DF(p_s) \cdot H)$ , let  $B = \max_{p_s} \|\mathbf{B}_s\|$ , then

$$\frac{|Q_s B_s Q_s|}{|H_{st}|^3} \leq \frac{B|Q_s|^2}{|H_{st}|^3} \leq \frac{Bb^2|Q_0|^2}{(\alpha^2|Q_0|^2 + \beta^2|\Delta t|^2)^{3/2}} = \frac{Bb^2|Q_0|^2}{\beta((\alpha^2/\beta^2)|Q_0|^2 + |\Delta t|^2)^{3/2}}.$$

Observe that, since  $\Delta t = t - \tau(s)$ , then

$$\int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} |J| dt ds = \int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon-\tau(s)}^{\varepsilon-\tau(s)} |J| d(\Delta t) ds.$$

Since

$$\int \frac{dx}{r^3} = \frac{1}{a^2} \frac{x}{r}, \quad r = \sqrt{x^2 + a^2},$$

we have

$$\begin{aligned} \int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} \frac{Q_s \mathbf{B}_s Q_s}{|H_{st}|^3} dt ds &\leq \int_{-\varepsilon}^{\varepsilon} 2 \int_0^{2\varepsilon} \frac{Bb^2|Q_0|^2}{\beta \sqrt{(\alpha^2/\beta^2)|Q_0|^2 + |\Delta t|^2}} d(\Delta t) ds \\ &\leq \frac{2\varepsilon 2Bb^2|Q_0|^2}{(\alpha^2/\beta)|Q_0|^2} \frac{\Delta t}{\sqrt{(\alpha^2/\beta^2)|Q_0|^2 + |\Delta t|^2}} \Big|_0^{2\varepsilon} \\ &\leq \frac{4\varepsilon Bb^2\beta}{\alpha^2} (1+1) = \frac{8\varepsilon Bb^2\beta}{\alpha^2} = \varepsilon M_2. \end{aligned}$$

Now we bound the integral of the second term. Let

$$A := \max_{p_s} |F(p_s) \times (DF(p_s) \cdot F(p_s))|.$$

Since

$$\int \frac{x}{r^3} dx = -\frac{1}{r}, \quad r = \sqrt{x^2 + a^2},$$

we have

$$\begin{aligned} \int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} \frac{(t - \tau(s)) Q_s (F_s \times \mathbf{A}_s F_s)}{|H_{st}|^3} dt ds &\leq \int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} \frac{|\Delta t| b |Q_0| A}{(\sqrt{\alpha^2|Q_0|^2 + \beta^2|\Delta t|^2})^3} dt ds \\ &\leq \int_{-\varepsilon}^{\varepsilon} 2 \int_0^{2\varepsilon} \frac{b|Q_0| A |\Delta t|}{(\beta \sqrt{(\alpha^2/\beta^2)|Q_0|^2 + |\Delta t|^2})^3} d(\Delta t) ds \\ &\leq \frac{4\varepsilon b A}{\beta} |Q_0| \int_0^{2\varepsilon} \frac{|\Delta t| d(\Delta t)}{(\sqrt{(\alpha^2/\beta^2)|Q_0|^2 + |\Delta t|^2})^3} \\ &\leq \frac{4\varepsilon b A}{\beta^3} |Q_0| \frac{1}{\sqrt{(\alpha^2/\beta^2)|Q_0|^2 + |\Delta t|^2}} \Big|_{2\varepsilon}^0 \\ &\leq \frac{4\varepsilon b A}{\beta^3} \frac{|Q_0|}{(\alpha/\beta)|Q_0|} \leq \frac{4b A}{\alpha\beta^2} \varepsilon = \varepsilon M_3. \end{aligned}$$

From Lemma 2.2,  $|\psi(p, q, s, t)| \leq M_1$ , therefore, if  $\varepsilon < 1$ ,

$$\int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} |J(p_s, q_t)| ds dt \leq \varepsilon M_2 + \varepsilon M_3 + 4\varepsilon^2 M_1 \leq \varepsilon M_4,$$

where  $M_4 := M_1 + M_2 + M_3$ .

Now suppose that  $p = q$ . We have

$$\begin{aligned} F(q_s) &= F(q) + s\mathbf{A}F(q) + s^2K(q, s) \\ q_s &= q + sF(q) + \frac{1}{2}s^2\mathbf{A}F(q) + s^3G(q, s) \end{aligned}$$

where  $\mathbf{A} = DF(q)$ ,  $K(q, s)$ , and  $G(q, s)$  are bounded. Then

$$\begin{aligned} |q_s - q|^3 J(q, q_s) &= F(q) \times (F(q) + s\mathbf{A}F(q) + s^2K) \cdot (sF(q) + \frac{1}{2}s^2\mathbf{A}F(q) + s^3G) \\ &= (sF \times \mathbf{A}F + s^2F \times K) \cdot (sF + \frac{1}{2}s^2\mathbf{A}F + s^3G) \\ &= s^4F \times \mathbf{A}F \cdot G + \frac{1}{2}s^4F \times K \cdot \mathbf{A}F + s^5F \times K \cdot G \\ |q_s - q|^3 |J(q, q_s)| &\leq s^4 D, \end{aligned}$$

for some  $D = D(K, \varepsilon) > 0$ , for all  $q \in K$ ,  $|s| < \varepsilon$ . Furthermore,

$$|q_s - q| = |sF(q) + \frac{1}{2}s^2\mathbf{A}F(q) + s^3G| \geq as,$$

for  $a = \frac{1}{2} \min_{q \in K} |F(q)|$  if  $\varepsilon = \varepsilon(K) > 0$  is small enough. Therefore

$$|J(q, q_s)| \leq \frac{s^4 D}{a^3 s^3} \leq \frac{\varepsilon D}{a^3},$$

and

$$\int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} J(p_s, p_t) ds dt \leq \frac{\varepsilon^3 D}{a^3} \leq \varepsilon M_5 \quad \text{for all } p \in K,$$

for  $M_5 := D/a^3$ . □

**COROLLARY 2.5.** *For any compact subset  $K \subset \mathbb{R}^3$  there exist  $\delta, \varepsilon > 0$  and  $M > 0$  such that if  $p, q$  are in  $K$ ,*

$$\int_{-\delta}^{\delta} \int_{-\delta}^{\delta} J(p_s, q_t) ds dt < M\varepsilon.$$

*Proof.* Take  $\varepsilon$  as in Lemma 2.4. Since the vector field never vanishes, then  $\mathbf{N}(p, \delta)$  is a neighbourhood of  $p$ . Hence it contains a ball of radius  $r$ . Moreover, this  $r$  may be taken independent of the point  $p$ . Given any two points  $p$  and  $q$ , if  $\delta$  is small enough then either there exists  $s_0, t_0$  with  $|s_0|, |t_0| < 2\delta$  such that  $q_{s_0}$  is in  $\mathbf{E}(p_{t_0})$  and in this case

$$\int_{-\delta}^{\delta} \int_{-\delta}^{\delta} J(p_s, q_t) ds dt < \int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} J(p_s, q_t) ds dt < M\varepsilon,$$

or the distance between  $q_s$  and  $p_t$  with  $|s_0|, |t_0| < \delta$  is bounded by  $r$  and hence the integral is bounded. □

*Proof of Theorem 1.1.* Since  $J$  is bounded outside of a neighbourhood of the diagonal  $\Delta := \{(p, p) \mid p \in S^3\}$ , it is enough to prove that  $J$  is in  $L^1(\mu \times \nu)$  on a neighbourhood of  $\Delta$ . The compact set  $\Delta$  may be covered by a finite number of open sets of the form

$$\mathbf{V}(p, \delta) := \{(q_s^1, q_t^2) \mid (q^1, q^2) \in \mathbf{E}(p, \delta) \times \mathbf{E}(p, \delta); |s|, |t| < \delta\},$$

with  $p \in S^3$  and  $\delta > 0$  from Corollary 2.5. So, it is enough to prove that the restriction  $J|_{\mathbf{V}(p, \delta)}$  is in  $L^1(\mu \times \nu)$ . Let  $\hat{\mu}, \hat{\nu}$  be the transversal measures on  $E(p, \varepsilon)$  defined by  $\hat{\mu}(A) := \mu(\cup_{|t| < \varepsilon} \phi_t(A))$ ,  $\hat{\nu}(A) := \nu(\cup_{|t| < \varepsilon} \phi_t(A))$ . Then by Lemma 2.4 we have

$$\begin{aligned} \int_{V(q, \delta)} |J(x, y)| d\mu(x) d\nu(y) &= \int_{E(q, \delta)} \int_{E(q, \delta)} \left( \int_{-\delta}^{\delta} \int_{-\delta}^{\delta} |J(p_s, y_t)| \right) d\hat{\mu}(p) d\hat{\nu}(y) \\ &\leq \int_{E(q, \delta)} \int_{E(q, \delta)} M\delta d\hat{\mu}(p) d\hat{\nu}(y) \leq M\delta. \end{aligned} \quad \square$$

*Proof of Theorem 1.2.* Item (a) is a direct consequence of Birkhoff's theorem and Theorem 1.1. Item (b) is a consequence of the existence of a good set of short curves because

$$\begin{aligned} \left| \int_0^{T_1+1} \int_0^{T_2+1} - \int_0^{T_1} \int_0^{T_2} \right| &\leq \left| \int_0^{T_1} \int_{T_2}^{T_2+1} \right| + \left| \int_{T_1}^{T_1+1} \int_0^{T_2} \right| + \left| \int_0^1 \int_0^1 \right| \\ &\leq kT_1 + kT_2 + k \end{aligned}$$

and hence

$$\lim_{T_1, T_2 \rightarrow \infty} \frac{1}{T_1 T_2} \int_0^{T_1+1} \int_0^{T_2+1} = \lim_{T_1, T_2 \rightarrow \infty} \frac{1}{T_1 T_2} \int_0^{T_1} \int_0^{T_2}. \quad \square$$

### 3. Existence of a good set of short curves

The following lemmas prove the existence of a good set of short curves if they are polygonal curves made of small straight line segments which are always transversal to the direction of the flow.

**LEMMA 3.1.** *Let  $L(t) = a + tb$  be a small line segment in  $\mathbb{R}^3$  and let  $\gamma(s)$  be a small differentiable curve such that:*

- (i) *for any  $s, t \in [-\varepsilon, \varepsilon]$ , the vectors  $L'(t) = b$ ,  $\gamma'(s)$  and  $\gamma(s) - L(t)$  are not coplanar;*
- (ii) *the vectors  $(\gamma(s) - L(t))/\|\gamma(s) - L(t)\|$  are always in a hemisphere of  $S^2$ .*

*Then the Gauss (absolute) integral*

$$\int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} |I(s, t)| ds dt < \frac{1}{2} \text{vol}(S^2),$$

where

$$I(s, t) := \frac{(\gamma'(s) \times L'(t)) \cdot (\gamma(s) - L(t))}{|\gamma(s) - L(t)|}.$$



*Proof.* The integral  $I(s, t)$  is the Jacobian of the function  $T(s, t) = (\gamma(s) - L(t))/|\gamma(s) - L(t)| \cdot$ . The condition (i) implies that  $I(s, t)$  always has the same sign. We will see that  $T : [-\varepsilon, \varepsilon] \times [-\varepsilon, \varepsilon] \rightarrow S^2$  is injective and hence

$$\int_{-\varepsilon}^{\varepsilon} \int_{-\varepsilon}^{\varepsilon} |I(s, t)| ds dt = \text{area}(\Gamma([-\varepsilon, \varepsilon] \times [-\varepsilon, \varepsilon])) < \frac{1}{2} \text{vol}(S^2).$$

We show that  $T$  is injective. By the transversality condition (i), if  $s_1 \neq s_2$ , then the planes generated by  $(\gamma(s_1)$  and  $L)$  and  $(\gamma(s_2)$  and  $L)$  are different. Therefore if  $\gamma(s_1) - L(t_1)$  is parallel to  $\gamma(s_2) - L(t_2)$  then  $s_1 = s_2$ . If  $\gamma(\hat{s}) - L(t_1) = \lambda(\gamma(\hat{s}) - L(t_2))$  then  $L(t_1) = \lambda L(t_2)$  and  $t_1 = t_2$ .  $\square$

LEMMA 3.2. *Let  $F$  be a Lipschitz nonsingular vectorfield on  $\mathbb{R}^3$  and let  $A_1, A_2, A_3 > 0$  be such that*

$$|F(x) - F(y)| \leq A_1|x - y|, \quad A_2 < |F(x)| < A_3 \quad \text{for all } x, y \in \mathbb{R}^3.$$

*Then there exists  $\varepsilon = \varepsilon(A_1, A_2, A_3) > 0$  such that if  $L(t) = a + t\mathbf{b}$ ,  $\|\mathbf{b}\| = 1$ ,  $|t| < 1$  is a small line segment and  $\gamma(s)$ ,  $|s| < \varepsilon$  is a small orbit segment of  $F$  such that:*

- (i) *the angles  $\angle(\gamma'(s), \mathbf{b}) > \pi/3$ ,  $\angle(\gamma'(s), -\mathbf{b}) > \pi/3$  for all  $|s| < \varepsilon$ ;*
- (ii) *the vectors  $L'(0) = b$ ,  $\gamma'(0)$  and  $\gamma(0) - L(0)$  are not coplanar.*

*Then the Gauss (absolute) integral*

$$\int_{-1}^1 \int_{-\varepsilon}^{\varepsilon} |I(s, t)| ds dt < 2 \text{vol}(S^2).$$

*Proof.* It is enough to show that  $\int_{-1}^1 \int_0^{\varepsilon} |I| < \text{vol}(S^2)$ . Let  $g(s) := (\gamma'(s) \times L'(t)) \cdot (\gamma(s) - L(t)) = (\gamma'(s) \times \mathbf{b}) \cdot (\gamma(s) - \mathbf{a})$ , and let

$$\begin{aligned} s_0 &:= \min\{s > 0 \mid g(s) = 0\} \\ t_0 &:= \max\{s > s_0 \mid g(s) = 0 \text{ for all } s_0 \leq s \leq t_0\} \\ s_{n+1} &:= \min\{s > t_n \mid g(s) = 0\} \\ t_{n+1} &:= \max\{s > s_{n+1} \mid g(s) = 0 \text{ for all } s_{n+1} \leq s \leq t_{n+1}\}. \end{aligned}$$

By Lemma 3.1,

$$\int_{-1}^1 \int_0^{s_0} |I(s, t)| ds dt < \frac{1}{2} \text{vol}(S^2).$$

Let  $\mathbf{N} := (\mathbf{b} \times \gamma'(0))/|\mathbf{b} \times \gamma'(0)|$ ,  $\mathbf{c} := \mathbf{N} \times \mathbf{b}$  and consider the orthonormal basis  $\{\mathbf{b}, \mathbf{N}, \mathbf{c}\}$  of  $\mathbb{R}^3$ . Given  $u_1, u_2 \in \mathbf{T} := \{w \in S^3 \mid \angle(w, \mathbf{b}) > \pi/3, \angle(w, -\mathbf{b}) > \pi/3\}$ , consider their cylindrical coordinates

$$u_i = \lambda_i \mathbf{b} + r_i \cos \theta_i \mathbf{c} + r_i \sin \theta_i \mathbf{N} \quad \text{some } \lambda_i, r_i, \theta_i.$$

Let  $A_4 > 0$  be such that if  $u_i \in \mathbf{T}$ ,  $|u_i| > A_2$ ,  $i = 1, 2$ , then

$$|u_1 - u_2| > A_4 |\theta_1 - \theta_2|. \quad (2)$$

Let  $\theta_n, \varphi_n$  be defined by

$$\begin{aligned}\gamma'(s_n) &= \lambda_n \mathbf{b} + r_n \cos \theta_n \mathbf{c} + r_n \sin \theta_n \mathbf{N}, \\ \gamma'(t_n) &= \ell_n \mathbf{b} + k_n \cos \varphi_n \mathbf{c} + k_n \sin \varphi_n \mathbf{N}.\end{aligned}$$

Observe that since  $\gamma(s_n) - L(t)$  is coplanar with  $\mathbf{b}$  and  $\gamma'(s_n)$  then  $\gamma(s_n) - L(t) = \mu_n(t) \mathbf{b} + \rho_n(t) \cos \theta_n \mathbf{c} + \rho_n(t) \sin \theta_n \mathbf{N}$  with the same  $\theta_n$ . Similarly  $\gamma(t_n) - L(t)$  has the same angle  $\varphi_n$  as  $\gamma'(t_n)$ .

For  $|t| < 1$ ,  $t_n < s < s_{n+1}$ , the point  $G(s, t) := (\gamma(s) - L(t))/|\gamma(s) - L(t)|$  remains on the sector

$$H_n := \{v \in S^2 \mid v = \lambda \mathbf{b} + r \cos \theta \mathbf{c} + r \sin \theta \mathbf{N}, r > 0, \lambda \in \mathbb{R}, \theta \in [\varphi_n, \theta_{n+1}]\}.$$

Moreover, by the argument of Lemma 3.1, since  $I(s, t) \neq 0$ , for  $t_n < s < s_{n+1}$ , the map  $G|_{[t_n, s_{n+1}] \times [-1, 1]}$  is injective. Hence

$$\int_{-1}^1 \int_{t_n}^{s_{n+1}} |I| < \text{Area of sector } H_n = \frac{1}{2\pi} \text{vol}(S^2) |\theta_{n+1} - \varphi_n|.$$

Also  $\int_{-1}^1 \int_{s_n}^{t_n} |I| = 0$ , because  $I(s, t) = 0$  on  $s_n \leq s \leq t_n$ . By (2) we have

$$\begin{aligned}A_4 |\theta_{n+1} - \varphi_n| &< |\gamma'(s_{n+1}) - \gamma'(t_n)| = |F(\gamma(s_{n+1})) - F(\gamma(t_n))| \\ &< A_1 |\gamma(s_{n+1}) - \gamma(t_n)| < A_1 A_3 |s_{n+1} - t_n|, \\ |\theta_{n+1} - \varphi_n| &< A_5 |s_{n+1} - t_n|,\end{aligned}$$

where  $A_5 := A_1 A_3 / A_4 > 0$ . Therefore,

$$\begin{aligned}\int_{-1}^1 \int_0^\varepsilon |I(s, t)| ds dt &= \int_{-1}^1 \int_0^{s_0} |I| + \sum_{n=0}^\infty \int_{-1}^1 \int_{t_n}^{s_{n+1}} |I| \\ &\leq \frac{1}{2} \text{vol}(S^2) + \sum_{n=0}^\infty \frac{1}{2\pi} \text{vol}(S^2) A_5 |s_{n+1} - t_n| \\ &\leq \frac{1}{2} \text{vol}(S^2) + \frac{1}{2\pi} \text{vol}(S^2) A_5 \varepsilon \\ &\leq \text{vol}(S^2),\end{aligned}$$

if we take  $\varepsilon < \pi / A_5$ . □

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