

From Folland's book:

Theorem 2.28:

Let $f: [a, b] \rightarrow \mathbb{R}$ be bounded.

a) If f is Riemann integrable, then f is Lebesgue integrable and

$$\int_a^b f(x) dx = \int_{[a,b]} f d\mu$$

(Riemann) $[a,b]$ (Lebesgue)

b) f is Riemann integrable iff:

$$m(\{x \in [a, b] \mid f \text{ discontinuous at } x\}) = 0.$$

Proof:

a)

For $P = \{a = t_0 < t_1 < \dots < t_n = b\}$

a partition of $[a, b]$ we define:

$$|P| = \max_{j=1, \dots, n} |t_j - t_{j-1}|$$

and:

$$S_p f = \sum_{j=1}^n M_j (t_j - t_{j-1})$$

$$s_p f = \sum_{j=1}^n m_j (t_j - t_{j-1})$$

where

$$M_j = \sup f([t_{j-1}, t_j])$$

$$m_j = \inf f([t_{j-1}, t_j])$$

$j=1, \dots, n$.

We also define:

$$\underline{\int}_a^b f = \inf \{ S_p f \mid P \text{ partition of } [a, b] \}$$

$$\overline{\int}_a^b f = \sup \{ s_p f \mid P \text{ partition of } [a, b] \}$$

Since f is Riemann integrable we have (by definition)

inition):

$$\int_a^b f(x) dx = \int_a^b f = \int_a^b f.$$

For any partition P and with the previous notation let:

$$G_P = \sum_{j=1}^n M_j \chi_{(t_{j-1}, t_j]}$$

$$g_P = \sum_{j=1}^n m_j \chi_{(t_{j-1}, t_j]}$$

which are both simple and satisfy:

$$S_P f = \int_{[a,b]} G_P dm, \quad s_P f = \int_{[a,b]} g_P dm.$$

Choose a sequence $(P_k)_{k=1}^{\infty}$ of partitions satisfying the following properties:

$$1) P_{h+1} \subseteq P_h \quad \forall h$$

$$2) |P_h| \xrightarrow{h \rightarrow \infty} 0$$

$$3) \left\{ \begin{array}{l} \int_{[a,b]} G_{p_h} dm = S_{p_h} f \xrightarrow{h \rightarrow \infty} \int_a^b f(x) dx \\ \int_{[a,b]} g_{p_h} dm = s_{p_h} f \xrightarrow{h \rightarrow \infty} \int_a^b f(x) dx \end{array} \right.$$

1) implies that $(G_{p_h})_h$ is decreasing and $(g_{p_h})_h$ is increasing. Hence, the limits:

$$G = \lim_{h \rightarrow \infty} G_{p_h}$$

$$g = \lim_{h \rightarrow \infty} g_{p_h}$$

exist pointwise and are measurable.

By definition is clear that:

$$\inf f([a,b]) \leq g \leq f \leq G \leq \sup f([a,b])$$

This implies that all the functions consider belong to $L^1([a,b], m)$ and are bounded on $[a,b]$ which has finite measure.

Hence we can apply the Dominated Convergence Theorem to conclude that

$$\int_{[a,b]} G \, dm = \lim_{k \rightarrow +\infty} \int_{[a,b]} G_{p_k} \, dm = \int_a^b f(x) \, dx$$

$$\int_{[a,b]} g \, dm = \lim_{k \rightarrow +\infty} \int_{[a,b]} g_{p_k} \, dm = \int_a^b F(x) \, dx$$

In particular

$$G - g \geq 0 \quad \text{and} \quad \int_{[a,b]} (G - g) \, dm = 0$$

and this implies:

$$G = g \quad m - a. e.$$

$$\Rightarrow f = G \quad m - a. e.$$

This shows that f is Lebesgue measurable and since it is bounded with $m([a, b]) < \infty$ we conclude that:

$$f \in L^1([a, b], m)$$

Furthermore, we have:

$$\int_{[a, b]} f \, dm = \int_{[a, b]} G \, dm = \int_a^b f(x) \, dx$$

b): This is proved in Exercise 23.

(See another set of notes).